













#### INFORMATION MAIL

Scientific and practical Congress with international participation, attracting young scientists, students, which are organized by

Taurida National University named after V.I. Vernadsky, Kyiv

State Higher Educational Institution "Lviv National Medical University" named after Danylo Galytsky

National Ecological and Naturalistic Center for Students of the Ministry of Education and Science of Ukraine

NGO "Association of Specialists in Traditional and Alternative Medicine of Ukraine"

Department of Fundamental Problems of Medicine of the Academy of Sciences of the Higher School of Ukraine

National Scientific Medical Library of the Ministry of Health of Ukraine

LLC "Dnipro Medical Institute of Traditional and Alternative Medicine", Dnipro

LLC "Academy of Natural and Complementary Medicine", Kyiv

# "SYNTHESIS OF THEORY AND PRACTICE IN EDUCATIONAL AND METHODOLOGICAL AND CLINICAL PROVISION OF HEALTHY LIFESTYLES"

(hereinafter referred to as the Congress)

#### **DEAR COLLEAGUES!**

The Organizing Committee of the Scientific and Practical Congress, guided by the slogan "Healthy Motherland - Healthy Country", has the honor to invite you to participate in the work of a scientific event dedicated to the problems of the present - "Health and a healthy lifestyle: from plants to humans." The congress is included in the "Register of congresses, congresses, symposiums, scientific and practical conferences, scientific seminars and plenums that will be held in 2022 by the Ministry of Education and Science of Ukraine" (Certificate of the Ministry of Education and Science of Ukraine dated 12.01.2022, No. 06).

The congress will be held online on November 25, 2022 from 10.00 to 18.00 at the National Scientific Medical Library of the Ministry of Health of Ukraine at the address Kyiv, str. Lva Tolstoy, 7, (metro station Lva Tolstoy square), Conference hall.

The purpose of the Congress is to discuss the current state of educational, methodological and clinical support with methods and means of complementary / alternative (folk and non-traditional) medicine (hereinafter referred to as NTM) in Ukraine and the world, as a single holistic medical direction, as well as individual methods and practices in the context of human health , a healthy lifestyle in a period of socio-economic and environmental upheavals.

#### THEMATIC AREAS OF THE CONGRESS

- 1. Topical issues and a look at the current state of development of complementary / alternative medicine in Ukraine and the world in accordance with the main directions set out in the WHO Strategy for Traditional Medicine for 2014-2023 in the context of a healthy lifestyle.
- 2. Conceptual issues of complementary/alternative medicine in Ukraine and the world in the context of state policy to ensure and implement a healthy lifestyle.
  - 3. Medico-biological and social aspects of health:
    - 3.1. "Healthy Family Healthy Country".
    - 3.2. "Health and a healthy lifestyle: from plants to humans."
  - 4. Structure of S&S in Ukraine, legal and legal aspects.
- 5. Scientific and methodological substantiation of the use of N&NM methods in complex, preventive therapy and medical, physical therapy, occupational therapy and rehabilitation of patients of different ages against the background of comorbid diseases with the introduction of standards and principles of evidence-based medicine.
- 6. Problems of standards and criteria for the quality education of future specialists. Integration and educational and methodological support of N&S methods in the educational process.
- 7. NATO: a look at the application of complementary medicine methods in the rehabilitation and restoration of the health of combatants. Socio-economic expediency of the effectiveness of the application of S&S methods in the context of global problems both in Ukraine and in the world.
- 8. Mental and physical health: problematic issues. Complementary/alternative screening methods for diagnosing and correcting health.
- 8.1.Methods of psychological, social, professional rehabilitation and their impact on the restoration of human health.
  - 9. Astropsychology.
- 10.Natural, natural ways of healing. Phytotherapy and pharmacognosy: teaching experience in the specialties "Medicine", "Dentistry" and "Pharmacy", "Physical therapy, occupational therapy".
- 10.1. Herbal health practices: from folk recipes to evidence-based, registered herbal remedies. Phyto extempore.
  - 10.2. Nutraceuticals and parapharmaceuticals.
- 11. Homeopathy: experience in teaching and application in medicine and physical therapy, occupational therapy, medical rehabilitation.
- 11.1. Homeopathy and pharmacology two "sides of the same coin" of health and treatment.
- 12. Osteopathy, manual therapy: experience in teaching and application in medicine, physical therapy, occupational therapy, rehabilitation
- 13. Ayurveda and Tibetan medicine: features, realities and prospects in Ukraine and the world.

- 14. Chinese traditional medicine: realities and prospects in Ukraine and the world.
- 15. Iridology: express and screening diagnostics in doctor's practice.
- 16. Aromatherapy and phytoergonomics.
- 17. Information medicine: experience in teaching and application in medicine, physical therapy, occupational therapy. Realities and prospects.
  - 18. Information hygiene in the modern world. "Information diseases of our time".
- 19. Electropuncture and informational diagnostics: experience in teaching and implementing as a screening method for diagnosing and monitoring the effectiveness of treatment and physical health.
- 20. Draft Law on amendments to some legislative acts of Ukraine on the simplification of business conditions (deregulation) No. 7689: regulatory and legal aspects of the regulation of healing in Ukraine and the world.
- 21. Issues of deontology and medical ethics in the field of S&NM. Culture of communication and healing: "The word heals, the word heals."
  - 22. Therapeutic physical culture as a therapeutic and prophylactic method of recovery.
  - 23. SPA procedures as a method of rehabilitation and recovery.
  - 23. Topical issues and prospects of public organizations-associations.
- 23.1. NGO "Association of Specialists of Traditional and Alternative Medicine of Ukraine" 18 years: history of formation and prospects.
- 24. Present and future realities of young scientists. Formation of the future scientific elite. Bioethics in scientific research.
- 25. Phytotherapy. Journal" is a scientific and practical professional edition of Ukraine (category "B") on biological, medical, pharmaceutical sciences and physical therapy, occupational therapy -20 years.

# HEALTHY LIFESTYLE: COMPLEMENTARY/ALTERNATIVE MEDICINE METHODS WHICH WILL BE CONSIDERED AT THE CONGRESS:

 $\bullet \ Aromatherapy. \ Phytotherapy.$ 

## Nutraceuticals, parapharmaceuticals.

- Apitherapy, hirudotherapy. Animal Therapy
- Ayurveda, traditional systems of detoxification and nutrition.
- Information medicine. bioresonance therapy.
- Homeopathy.
- Massage, manual therapy, osteopathy, cranio-sacral therapy, occupational therapy.
- Acupuncture, reflexology, su-jok therapy.

## Electropuncture diagnostics.

- Traditional Chinese medicine, qigong therapy.
- Psychological support and health adjustment.

## SPA procedures.

#### Forms of participation in the Congress online:

- Oral presentation with the possibility of presentation in PowerPoint.
- Press conference.
- Round table
- Presentation of the company.
- Participant.
- Master Class
- Seminar
- Publication of abstracts, articles.
- Absentee participation.
- Online participation of participants from near and far abroad countries, as well as participants from Ukrainian cities.

#### **PUBLICATION CONDITIONS:**

The materials of the Congress will be published in the professional scientific and practical journal "Phytotherapy. Journal" in accordance with the requirements and recommendations for scientific articles.

Abstracts (up to 1 page) and articles (up to 10 pages with references, abstracts and keywords in Ukrainian, Russian, English) are given according to the following structure: UDC, title of the work (in capital letters), initials and surnames of authors, scientific title, scientific degree (master, postgraduate, doctoral student, practitioner, healer); full name of the institution (place of work, training); sections of abstracts and articles: relevance, purpose of the work, materials and research methods, research results and their discussion, conclusions about the feasibility of practical use of the experience gained, prospects for further research. References to literary sources for the article are required. Materials that violate the principles of ethics and do not meet the above requirements will not be published.

#### TIME

The participant's questionnaire, abstracts, receipt of payment of the cost of publication must be sent before October 15, 2022 to the e-mail: phitotherapy. chasopys@gmail.com

#### **CONGRESS VENUE:**

Kiev, str. Lva Tolstoy, 7,

National Scientific Medical Library of the Ministry of Health of Ukraine, metro station "Lva Tolstoy Square"

#### OFFICIAL LANGUAGES OF THE CONGRESS:

Ukrainian, English.

#### **REGULATIONS:**

- report:
- oral up to 15 minutes.
- poster presentation 15 min.
- presentation of the company, discussion up to 7 minutes.
- seminar up to 25 min.
- master class up to 25 min.

## MATERIALS OF THE CONGRESS (abstracts) AND CERTIFICATES

indicating the number of points will be sent by mail after the end of the Congress (subject to online participation) according to the address stated in the participant's questionnaire.

## **Contact phone numbers:**

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## Please send the completed questionnaire to e-mail:

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#### Information about events on the website www:

www.uanm. org.ua www.tnu.edu.ua/ www.medinstitut.dp.ua/

Organizing Committee